



JOB DESCRIPTIONS CARE WORKER

Reports to:

Supervisors and Care Manager

Summary of role:

To share with other staff the responsibility in meeting the personal care needs of our clients in a way that respects the dignity of the individual and promotes Calon Lan's quality systems.

PRINCIPAL RESPONSIBILITIES:

- To assist clients who need help getting up in the morning, dressing, undressing, washing, bathing and with the toilet.
- To help clients with their mobility and with any physical disabilities, including incontinence and use of personal aids and equipment.
- To care for clients who are unwell and who may need help with minor dressings, bed care and any help with feeding etc.
- To provide palliative care.
- To help in the promotion of mental and physical activities for clients through talking, reading, writing, hobbies, or trips out.
- To make and change beds, light cleaning, emptying commodes and general tidying.
- To set tables or trays, to prepare and serve light meals, clearing away and washing up.
- To read and write reports and be involved in clients reviews and training activities.
- To adhere to all Calon Lan's policies and procedures at all times.
- To report either to the Supervisor or Care Manager any significant changes in the health or circumstances of a client.
- To encourage the independence of clients wherever possible.

PERSONAL ATTRIBUTES

It is considered essential that carers possess the following qualities:

- Self motivated & well organised.
- Flexible.
- Caring & sensitive to the needs of others.
- Ability to use own initiative.
- Ability to communicate effectively.